



**THE EDEN COURSE
CADIZ**

INFO & ITINERARY
3-day weekend course

COURSE PRICE £335
*Includes all activities, excursions
plus Lunch/main meal 3 days*

The EDEN photography holiday course in Cadiz

INFO and ITINERARY 3-day weekend course

www.luzia-photo-courses.com

Call us on: 00 34 856 174 694 or mobile (+34) 657 368 948 and ask for Nacho

For bookings, please contact us so we can discuss availability and suitability.

For 2015 courses check our [COURSE CALENDAR](#) to get the up-to date information.

Tutor: Ignacio Fando

If you've had enough of large resorts and you're looking for an idyllic holiday, with blazing sun and salty sea combined with photography, look no further. The Luzia EDEN course offers the perfect location, in a small historic city with amazing beaches, both in town and out-of town.

We have an amazing sparkling light here, and the sun shines more than 300 days a year. We know that most people can't wait to get to the beach, and we don't hesitate to give you that opportunity. We somehow manage to combine beach life effortlessly with shooting, and we're here to show you how to! This course goes easy on the photography compared to our other courses, but we give you instruction on how to take the best pictures possible with your camera, whether it's an iPhone or a digital SLR.

The beaches in the Cadiz region are varied, from caves and protected coves, to totally flat stretches of sand as far as the eye can see. But it's not just beaches. We integrate other activities and we shoot along the way.

Activities such as a Camera Obscura visit, beach games, walks, swimming and Pilates on the beach, will keep you active and fit, and provide subjects to shoot, and we also take the time to chill out in Chiringuito beach bars. We monitor the tides, the sun and the wind, and adapt the activities and the beaches we visit to make it the most optimal experience.

We have some local faces lined up for portraits. Local knowledge is our strength, and we want you to enjoy every minute, without worrying about the logistics. Therefore the days in our itinerary may be staggered in a different order, so that we get the best out of each day.

Check out the itinerary on the next page...

DAY-TO-DAY ITINERARY

Note that days may be staggered to make the best of the weather!

DAY 1: FRIDAY

GETTING TO KNOW THE CITY OF CADIZ

At the **Luzia Headquarters** we'll meet and greet, and enjoy some stunning views of the city with **Torres Miradores** (watchtowers) and the rooftop landscape of Cadiz. We then take you to **Torre Tavira** and its **Camera Obscura**, with a presentation and a live projection of the city in a white dish!



Before lunch we head to **Playa Cortadura**. At this spacious new town beach, surrounded by dunes, there's a chance to swim, and take pictures. We take lunch at a lovely Chiringuito beach bar without having to leave the beach. This is also an opportunity to shoot portraits and lifestyle type shots. We also bring some ball games, and set up a net for playing badminton or volleyball.



DAY 2: SATURDAY

PLAYA BOLONIA ALL DAY

The Bolonia beach has a massive **dune**, where you can get some real thigh exercise, climbing to the top. But do take your camera, because you'll usually have a view over to Morocco from here. It looks great, feels great, and even more exciting when it's windy, although normally we try to avoid using SLRs on windy days there to avoid sand in the camera. The iPhone however, is great for days like this.



This is a long day, and we try to catch both sides of the beach. We take refuge from the strong midday sun while we take lunch at a local beach-side bar, before we move on.



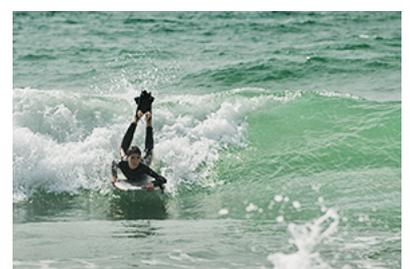
For a completely different experience, the other end of the beach has **rocks and natural pools**, and the mud here has skin-enhancing properties, which is why you see some people here, who are covered top-to-toe in green-brown mud!



DAY 3: SUNDAY

PHOTO-EDITING AND EL PALMAR

You will probably be ready for a break from the sun after yesterday's all-day outing. We take the morning to get an **overview of the pictures** and look at *continued next page...*



how we can improve them, making a pick of the best shots. For those wanting to chill out in the sun, we have our roof terraces, with both shade and sun.

In the morning we head off for **El Palmar**, one of the flattest places you can imagine, with an enormous beach and a 180° view of the sky. If the wind is not too strong we will set up a portable background 'studio' made of canvas, and encouraging some playful compositions with reflectors and natural light, creatively using shadows and encouraging some playful compositions.

We visit one of the colourful Chiringuito beach bars, stopping for a light lunch in the afternoon. We also bring beach games along, for those who want to play, and do some movement shots.

We round off the last day on the course with a drink, with advice on the things to see and do in Cadiz, before we head back to town.

ALSO LOOK AT THESE ITEMS ON THE WEBSITE:

[Course calendar and prices](#)

[Practical info](#)

[Cadiz Beaches blog post](#)

[Things to do and SEE on Beaches blog post](#)

[EDEN course page](#)

